Lost in Space:
What You Need to Know About Gambling, Gaming, and Cyberspace Addictions.
Effective Treatment Tools Using Positive Psychology, Mindfulness and Medication

Friday, September 29, 2017
9:00 AM – 4:30 PM | CE 12-14
About the Instructor

Anthony S. Parente, M.A., L.C.P.C., is presently working in private practice as a counselor and is the Director of the Masters Plus (L.C.P.C.) and certificate of Advance Study Programs at Loyola College in Maryland. He has a BA from State University of New York in Psychology and a M.A. in clinical Psychology from Loyola College in Baltimore.

For More Information Call

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Course Description

This training will provide an experiential day of learning about how people develop and maintain unhealthy habits. We will explore and deepen your knowledge and expertise about Gambling, Gaming and Cyberspace Addictions. Participants will increase their understanding of the distinction between gambling, gaming and cyberspace dependency. This training will provide opportunities to learn effective clinical interventions based in Positive Psychology, Mindfulness and Meditation. Particular focus will address clinical techniques while working with clients who suffer from co-occurring disorders and have a dependency on gambling, gaming and cyber addiction.

Course Objectives

Upon completion of this course, the student should be able to:

• An increased understanding of what defines Gambling, Gaming and Cyber addictions. How to identify a client with these difficulties.
• Learn how habits form and understand their impact on the brain and behavior.
• Increased understanding of the distinction and commonalities between gambling, gaming and cyber dependency.
• Learn clinical interventions based in Positive Psychology, Mindfulness and Meditation to effectively treat your clients.
• Learn what treatment approaches work most effectively when treating clients with co-occurring disorders that have dependency on gambling, gaming or cyber activities.

E-Brochures

Help us serve you better. Email rkssee@allegany.edu indicating your name, profession and preferred email address to receive electronic brochures from Allegany College of Maryland Continuing Education Health and Human Services.

Commuter Zone

Although every effort is made to have a comfortable temperature in the meeting room, everyone’s comfort zone is different. Please bring a jacket or sweater in case the room is too cool for your comfort.

Registration Information

Total course cost: $99
Maryland Senior (over 60) Course Cost: $94

Deadline to Register

September 15, 2017

Send Registration Form and Check to:

Registration Specialist
Allegany College of Maryland
Center for Continuing Education
12401 Willowbrook Road, SE
Cumberland, MD 21502
or to register by fax, 301-784-5023 (credit cards or PO’s, please) or register by phone, 301-784-5341.

Directions to Allegany College of Maryland

From the Washington/Baltimore areas, take I-70 or I-720 to Frederick and go west past Hagerstown and Hancock. Just west of Hancock, take I-88 west to Cumberland and proceed about 35 miles to exit 44, Willowbrook Road. Turn left at the bottom of the ramp and go about one mile to Allegany College of Maryland on the right. The class will be held in the Allied Health Building, Rooms 230 and 259. Once on campus, turn left at the first fork and proceed through two parking lots to the stop sign. Once at the stop sign, the Allied Health building will be just ahead on the left. Parking is available on both sides of the building. Please allow 2 1/2 – 3 hours travel time.

From the west, take I-68 east toward Cumberland. Take exit 44, Willowbrook Road and go right at the bottom of the ramp. Travel one mile to the campus and follow Washington directions to the class.

Continuing Education Units

A certificate for 6 CEUs will be awarded upon completion of this course. Allegany College of Maryland is authorized by the State Board of Examiners of Psychologists as a sponsor of Continuing Education.

Social Workers will receive 6 Category 1 continuing education units; Allegany College of Maryland is authorized by the Maryland Board of Social Work Examiners.

A certificate for 6 CEUs of Category A will be awarded upon completion of this course. Allegany College of Maryland has been approved by the State Board of Examiners as an authorized sponsor who may provide Category A CEUs for certified professional counselors, marriage and family therapists and alcohol and drug counselors.

All other participants will receive 6 contact hours from Allegany College of Maryland.

Social Worker will receive 6 Category 1 CEUs of Category A.

Cancellation Policy

The College reserves the right to cancel any course that, in the judgment of the Center staff, does not have sufficient enrollment. The decision is usually made one week before the first scheduled class meeting, and all registrants will be notified promptly. A full refund is processed automatically. To help prevent cancellations, please register at least two weeks before a course is scheduled to begin.

Tobacco-free Policy: Allegany College of Maryland reminds employees, students, and visitors that smoking and tobacco use, in all its forms, is prohibited at ACM campuses and centers. The policy, which took effect August 19, 2013, extends throughout college properties.

Allegany College of Maryland does not discriminate against any individual for reasons of race, ethnicity, color, sex, religion or creed, sexual orientation, gender identity or expression, national origin, age, genetic information, familial status, disability or veteran status in the admission and treatment of students, educational programs and activities, scholarship and loan programs, or to terms and conditions of employment, including but not limited to, hiring, placement, promotion, termination, layoff, recall, transfer, leave of absence, compensation and training. Allegany College of Maryland complies with applicable state and federal laws and regulations prohibiting discrimination and Maryland prohibits retaliation in any form against any person who reports discrimination or who participates in an investigation.