

REGISTRATION FORM



MAIL TO: Registration Specialist | Allegany College of Maryland
 Center for Continuing Education & Workforce Development
 12401 Willowbrook Road, SE | Cumberland, MD 21502-2596
 PHONE: 301-784-5341 | FAX: 301-784-5023

ACM

Make checks payable to: Allegany College of Maryland
(Payment must accompany this registration)

STUDENT ID OR SS # _____ LAST NAME _____ FIRST _____ MI _____
(if applicable)

STREET ADDRESS _____

CITY OR TOWN _____ COUNTY _____ STATE _____ ZIP CODE _____

Birthdate _____ HOME PHONE _____ CELL PHONE _____
 MONTH DAY YEAR

Male Female BUSINESS PHONE _____ EMAIL ADDRESS _____

Signature _____ Date _____

I certify that the information on this form is correct. Must be signed and dated to be official. By signing this form, I agree to abide by the policies and procedures of the College, including without limitation, the Student Code of Conduct.

Allegany College of Maryland prohibits sexual misconduct and sex discrimination by or against all students, employees, and campus guests. If you have any questions or concerns or if you need to make a complaint, contact ACM's Title IX Coordinator, Dr. Renee Conner in CC-152, by email at rconner@allegany.edu, or by phone at (301) 784-5206. For detailed information about policy, procedures, and prevention education, see www.allegany.edu/titleIX.

COURSE #	COURSE TITLE	BEGIN DATE	TIME	COURSE COST
DHR 592	Refusal Skills	09/18/2020	9-4:30PM	
TOTAL COSTS				

If your employer is paying, please provide the information below:

AGENCY'S NAME _____ CONTACT PERSON _____

STREET ADDRESS _____ CITY OR TOWN _____ STATE _____ ZIP CODE _____

TELEPHONE NUMBER _____ FAX NUMBER _____

FOR CREDIT CARD USE ONLY Visa Mastercard Discover
 Account No. _____
 Date of Expiration _____ V. Code _____

REGISTRATION OFFICE USE ONLY Amount Paid _____
 _____ Cash _____ Credit Card
 Date Received _____ Initials _____ _____ Check _____ Bill To _____

NON-PROFIT ORG.
 U.S. POSTAGE PAID
 CUMBERLAND, MD
 PERMIT NO. 631

ALLEGANY COLLEGE of MARYLAND
 CENTER FOR CONTINUING EDUCATION
 12401 Willowbrook Road, SE
 Cumberland, MD 21502-2596

Return Service Requested

Refusal Skills

in relapse perspective



September 18, 2020 | 9:00 AM - 4:30 PM | CE 12-14

www.allegany.edu



ALLEGANY COLLEGE
 of MARYLAND
 CENTER FOR CONTINUING EDUCATION
 & WORKFORCE DEVELOPMENT

Who Should Attend:

Social Workers, Professional Counselors, Psychologists, Addictions Counselors and any other interested Human Service professionals.

Course Description:

The intent of this training is to teach professionals the model of refusal skills so as they can teach the clients they work with. The model can be implemented to psychologically stable youth, at risk youth and youth that have been psychologically traumatized as well as adults.

The purpose of this training is to teach participants the model of refusal skills, so they may utilize it as a relapse prevention strategy with the clients that they counsel, educate or supervise. The model that will be learned is a tri-fold, developmental model. The first phase is identifying and understanding high-risk situations before they happen. This phase stresses identification and avoidance of consequence. The second phase is consequential decision-making. This teaches people how to think, respond and consider the consequences before making a decision. This phase is very effective for people who react before thinking. The last phase is the actual refusal skills that teach people how to be assertive and refuse offers that place them at risk. There will be a heavy emphasis placed upon relationships as high-risk situations and the connection to behavioral relapse. This training is skilled base; hence it will include short exercises relapse oriented and role playing.

Course Objectives:

Upon completion of this course, the student should be able to:

1. Identify and be able to apply the learning domains to refusal skills;
2. Recognize refusal skills as a cognitive behavioral modality of prevention, treatment
3. Identify and apply the 3 phases of refusal skills to a behavioral (specifically substance abuse) relapse modality of treatment;
4. Discuss the importance of behavioral rehearsal; and,
5. Demonstrate knowledge application through participant behavioral rehearsal

About the Instructor:

Bruce Schaffer has a Masters degree in Education with a Counseling Psychology major from Temple University. He has over 25 years experience in the substance abuse field and currently works as a therapist in various correctional facilities. Bruce Schaffer has taught many courses at Allegany College of Maryland and numerous other venues throughout the East on drug addiction and drug culture. His courses consistently win high praise and always fill to capacity.

DEADLINE TO REGISTER

REGISTRATION INFORMATION

Total course cost: \$99.00

Maryland Senior (over 60) Course Cost: \$94.00

SEND REGISTRATION FORM AND CHECK TO:

Registration Specialist

Allegany College of Maryland

Center for Continuing Education

12401 Willowbrook Road, SE

Cumberland, MD 21502

or to register by fax, 301-784-5023 (credit cards or PO's, please)

or register by phone, 301-784-5341.

FOR MORE INFORMATION CALL

Christa A. Snyder, Human Services Coordinator

Health and Human Services

(301) 784-5530

Fax No. (301) 784-5025

casnyder@allegany.edu

▶ Continuing Education Units:

A certificate for 6 CEUs will be awarded upon completion of this course. Allegany College of Maryland is authorized by the State Board of Examiners of Psychologists as a sponsor of Continuing Education.

Social Workers will receive 6 Category 1 continuing education units; Allegany College of Maryland is authorized by the Maryland Board of Social Work Examiners.

A certificate for 6 CEUs of Category A will be awarded upon completion of this course. Allegany College of Maryland has been approved by the State Board of Examiners as an authorized sponsor who may provide Category A CEUs for certified professional counselors, marriage and family therapists and alcohol and drug counselors.

All other participants will receive 6 contact hours from Allegany College of Maryland.

Allegany College of Maryland maintains responsibility for this program.

Classes may be open only to specific identified professions. Verification of professional certification or licensure may be required. It is the responsibility of the participant to ascertain whether a course is within the scope of practice of their profession as determined by their regulatory body. It is the professionals responsibility to sign in before class begins and remain for the entire class in order to receive full credit- no partial credit will be given.

▶ E - Brochures:

Help us serve you better. Email rksee@allegany.edu indicating your name, profession and preferred email address to receive electronic brochures from Allegany College of Maryland Continuing Education Health and Human Services.

▶ Comfort zone:

Although every effort is made to have a comfortable temperature in the meeting room, everyone's comfort zone is different. Please bring a jacket or sweater in case the room is too cool for your comfort.

▶ Directions to Allegany College of Maryland:

From the Washington/Baltimore areas, take I-70 or I-270 to Frederick and go west past Hagerstown and Hancock. Just west of Hancock, take I-68 west to Cumberland and proceed about 35 miles to exit 44, Willowbrook Road. Turn left at the bottom of the ramp and go about one mile to Allegany College of Maryland on the left. The class will be held in the Continuing Education Building, the first on the right. Please allow 2 1/2 – 3 hours travel time.

From the west, take I-68 east toward Cumberland. Take exit 44, Willowbrook Road and go right at the bottom of the ramp. Travel one mile to the campus and follow Washington/Baltimore directions to the class.

Allegany College of Maryland is required to inform prospective and current students of important College policies, including Non-Discrimination, Title IX, Clery Act, Heroin & Opioid, Drug and Alcohol Use, Academic Disabilities, FERPA, and Accreditation. For full details on these key policies, please visit the Allegany College of Maryland website at allegany.edu/policymandates.



Tobacco-free Policy: Allegany College of Maryland reminds employees, students, and visitors that smoking and tobacco use, in all its forms, is prohibited at ACM campuses and centers. The policy, which took effect August 19, 2013, extends throughout college properties.

The College reserves the right to cancel any course that, in the judgment of the Center staff, does not have sufficient enrollment. The decision is usually made one week before the first scheduled class meeting, and all registrants will be notified promptly. A full refund is processed automatically. To help prevent cancellations, please register at least two weeks before a course is scheduled to begin.